Karen Drucker

SHINE

1. **What One Woman Can Be**  
   Words: Karen Drucker  Music: Karen Drucker & John Hoy

2. **Let It Shine**  
   Words & Music: Karen Drucker

3. **There’s Enough**  
   Words: Karen Drucker  Music: Karen Drucker & John Hoy

4. **I Wish For You**  
   Words & Music: Karen Drucker

5. **I Am Here**  
   Words & Music: Karen Drucker

6. **In The Stillness**  
   Words & Music: Karen Drucker

7. **Feel It**  
   Words: Karen Drucker  Music: Karen Drucker & John Hoy

8. **Twinkle Twinkle Little Star**  
   Adapted words: Karen Drucker

9. **Happy, Healthy, Wealthy & Wise**  
   Words & Music: John Hoy

10. **I Look Good**  
    Words: Karen Drucker  Music: Karen Drucker & John Hoy

11. **We Are The Ones**  
    Words & Music: Karen Drucker

12. **Three Little Words**  
    Words: Karen Drucker  Music: Karen Drucker & John Hoy
I am so blessed...

For all the many friends in my life that help me to remember what’s important, to have faith, and to laugh.

Special thanks to: Maye Cavallaro, Rev David Ault, Eddie Conner, my “power women circle”: Maggie Cole, Janet Carol Ryan and Jennifer Mann, Tina and Liz, Gina Vucci Long, my fellow swimmers at The Dolphin Club and TPC especially my inspiring lane mate Deborah Newton, and the best swim coach who helps me stay fit and sane: Ken Damont. Also Robert Boultier for daily beauty and inspiration.

I am so blessed...

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I am so blessed...

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I am so blessed...

For the support of all the United Centers for Spiritual Living, Religious Science International, Unity and New Thought churches around the country. For all of you who buy my CDs, come to my concerts, and use my music in your workshops, I am truly grateful.

Thanks for listening,

Karen

Karen Drucker: vocals
John Hoy: guitar, bass, percussion
John R. Burr: keyboards, organ
Dave Rokeach: drums
Rich Firard: bass on track 10
Annie Stocking: back-up vocals on all tracks and all back-up arrangements
Sandi Griffith: back-up vocals on tracks 3, 5, 7, 9, 10, 11
Larry Batiste: back-up vocals on tracks 5, 7, 9
Rich Armstrong: back-up vocals on tracks 3, 10, 11
Loralee Christensen: back-up vocals on tracks 2, 12
Michael Hatfield & Brian Connolly: back-up vocals on track 12
Maye Cavallaro, Lauren Mayer, Brian Connolly, Michael Hatfield: back-up vocals on track 11
Rich Armstrong: percussion on tracks 7, 12

Produced by: Karen Drucker  Co-produced by: John Hoy
Engineer: John Hoy  Cover Photo: John Hoy
Recorded at: Cat Heaven Studios, Mill Valley, CA  Hair: Ann Phillips
Mixed by: John Hoy with Karen Drucker  Make-up: Kathleena Gorga
Mastering: George Horn  Cartoon: Claudia Knauer
Graphics: Jeff Dannels  All songs © 2007 TayToones Music BMI

Photography: Irene Young
“When I dare to be powerful, to use my strength in the service of my vision, then it becomes less and less important whether I am afraid.” Audre Lorde

Title and song concept inspired by Mary Manin Morrissey.

What One Woman Can Be

Words: Karen Drucker
Music: Karen Drucker & John Hoy

What one woman can be, it is my destiny
to live my life and go for my dreams.
I’m gonna’ step up, and step out, and use my gifts.
What one woman can be, is me.

I’m gonna’ listen to the wisdom of my heart,
telling me it’s time to start,
to take my dreams and watch them grow.
I’ve lived and learned and now I know that,
I can do anything I want to. I can be anything, I choose it.
I open my heart and trust and surrender to the flow.

*Chorus *

I see my life beckoning to me,
my past has paved the way and now I am free.
The time is now, the time is right,
to leave the dark and walk into the light.
I can do anything I want to. I can be anything, I choose it.
My life is a miracle and I’m grateful for it all.

*Chorus*
“First, think. Second, believe. Third, dream. And finally, dare.” Walt Disney
Song inspired by Alan Cohen from his book: “Dare to Be Yourself”

Let It Shine

Words & Music: Karen Drucker

I’m gonna be the first on the dance floor, the first to raise my hand.
The first to state my opinion, the first to take a stand.
I won’t play it safe and wait for a sign,
I’m gonna throw myself out there and let my light shine.
Let it shine, let it shine,
I let my big bright brilliant beam of radiant light shine.

I’ll be on ‘Oprah’ and ‘Conan’, ‘60 Minutes’ and ‘The View’.
They’ll all be talking about me and all the things I do.
I’ll be the one who sets the bar, the one who’s in the know.
‘Vogue’ will come to me to see where fashion trends will go.
‘Cause I shine, yes I shine,
I let my big bright brilliant beam of radiant light shine.

For too many years I hid my light,
fearing I was too much and who I was just wasn’t right.
Then I heard this voice from within and up above saying
“You’re here to be a shining light and give and receive love”.

So now I’m going for my dreams, nothin’s in my way.
“Carpe Diem” is my mantra, I practice kindness every day.
I take time to connect, take time to have fun,
I wanna know I’ve used up every drop before my life is done.
So I shine, yes I shine,
I let my big bright brilliant beam of radiant light shine.

I am a woman of power, a woman of grace.
The life that I’ve lived is in every wrinkle on my face.
I love myself so I can love you too,
I know when we’re connected there ain’t nothin’ we can’t do.
So let’s shine, let’s all shine,
Let’s let our big bright brilliant beam of radiant light shine!
“Enough’ is not a number or condition. It is a state of mind.” Alan Cohen

There’s Enough

2 times. There’s enough time to do all that I want to do.
There’s enough time to “be” and do it all.
Whenever I look inside that’s when I realize,
there’s enough time, there’s enough time, there’s enough time.
Time, there is enough. Time, there is enough.

2 times. There’s enough love to give, there’s enough love to receive.
There’s enough love to give and to receive.
I open my heart, that’s the place to start.
There’s enough love, there's enough love, there's enough love.
Love, there is enough. Love, there is enough.

2 times. There's enough joy in my heart, I choose joy everyday.
There’s enough joy for all of us to shine.
When I allow joy to be, it becomes a part of me.
There's enough joy, there's enough joy, there's enough joy.
Joy, there is enough. Joy, there is enough.
I wish for you love, I wish you success and knowing you are worthy,
of having it all, you’ve answered the call to serve your highest good.
You have a power within, and now you’ll begin to share your hearts desire.
I wish for you joy, I wish for you peace, but most of all, I wish you love.

You have all that you need, all the support to reach the highest mountain.
But if you’re afraid or feel insecure, your angels are watching over you.
Open you heart, trust in your path, faith will always guide you.
I wish for you joy, I wish for you peace, but most of all, I wish you love.

You’ve got everything inside of you.
Nothings gonna’ stop you now, there’s nothing you can’t do.
So just state your intentions with a laser beam of light,
and go out and shine, shine, shine.

I wish for you love, I wish you success, and knowing you are worthy,
of having it all, you’ve answered the call to serve your highest good.
Open your heart, trust in your path, faith will always guide you.
I wish for you joy, I wish for you peace, but most of all, I wish you love.
I Am Here

Words & Music: Karen Drucker

I am here to give and receive love,
I am here to give and receive.
I am here to give and receive love,
I am here to give and receive.

Love, love,
I am here to give and receive love.

(We are here, I am here)
“Just become quiet, still and solitary, and the world will offer itself to you to be unmasked; it has no choice. It will roll in ecstasy at your feet.” Franz Kafka

Chant inspired by Reverend Safire Rose.

In The Stillness

Words & Music: Karen Drucker

In the stillness of this moment there is peace, there is peace.
In the stillness of this moment there is peace, there is peace.
And I rest, and trust, and breathe, and know,
that in the stillness of this moment, there is peace.
(There is love, I feel love, I am peace, I am love, I am.)
“… and then the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.” Anais Nin

Feel It

Words: Karen Drucker
Music: Karen Drucker & John Hoy

I’m gonna’ just feel it and let it be.
Allow my feelings to come naturally.
Moving through me like clouds in the sky,
I don’t question why, I’m gonna just feel it.

Feel it. I’m gonna’ let the joy and pain wash over me.
Feel it. I’m gonna’ ride the waves and let it be.
Feel it. I’m gonna’ trust it’ll be ok to let it flow.
Feel it. I’m gonna’ laugh and cry and let it go.

I’ve spent so many years trying to push my pain away,
but I know that what I resist persists and can surface any day.
So I’m taking the steps to see what I’ve denied,
I’ll open to the feelings I’ve held deep inside,
I’m open, I’m willing, I am ready to …

*Chorus*

Being strong shouldn’t mean that I’m not supposed to feel.
Tell me how do I grow? How can I heal?
I’ve got to let it out, let it all come through,
every kind of emotion, what I’ve got to do,
is be open, and willing, and ready to …

*Chorus*
“You can search the world over and you will find no one who is more deserving of your kindness and well wishing than you yourself.” Buddha

Twinkle, Twinkle, Little Star

Adapted words: Karen Drucker
Adapted music: Karen Drucker & John Hoy

Twinkle, twinkle, little star, do you know how loved you are?
You are precious, sweet, and bright, a radiant beam of shining light.
Twinkle, twinkle, little star, do you know how loved you are?
You are loved.

Twinkle, twinkle, I can see all the love that is in me.
I am precious, sweet, and bright, a radiant beam of shining light.
Twinkle, twinkle, I can see all the love that is in me.
I am love.

Twinkle, twinkle, little star, do you know how loved you are?
You are precious, sweet, and bright, a radiant beam of shining light.
Twinkle, twinkle, little star, do you know how loved you are?
“Most folks are about as happy as they make up their minds to be.”
Abraham Lincoln

Happy, Healthy, Wealthy And Wise

Words & Music: John Hoy

I am happy, healthy, wealthy, and wise.
Happy, healthy, wealthy and wise,
And I know the light, the light of love is shining in my eyes.
I am happy, healthy, wealthy and wise.

A little birdie told me that life is so sweet.
As I listen to her song, I know I am complete.
I have all the keys to love, joy and peace.
The power is infinite and love will increase.

I am happy, healthy, wealthy and wise.
Happy, healthy, wealthy, and wise,
And I know the light, the light of love is shining in my eyes.
I am happy, healthy, wealthy, and wise.
I finally realized that being grateful to my body was key to
giving more love to myself.” Oprah Winfrey
Song inspired by Evy McDonald.

I Look Good

Words: Karen Drucker
Music: Karen Drucker
& John Hoy

I’ve got this new little game, it’s the latest rage.
It’s not limited by race, creed, color or age.
I stand in front of the mirror every day,
look at myself from head to toe and simply say,

I am the only me that will ever be, I look good.”

The rules of the game are specific and precise,
I can’t judge or criticize, I have to be nice.
This is the body that I have it’s divine and a gift.
I don’t need to lose weight, color my gray or have a face-lift.

*Chorus*

This game isn’t limited to what’s on the outside.
There's my inner world too that cannot be denied.
’Cause who I really am radiates from within,
so I’ll open my heart, quiet my critic and dig in.

They say that beauty’s skin deep but I know for a fact,
it’s not really how you look, but more how you act.
Was I kind to a stranger? Did I give love today?
I can look in the mirror, look at myself and I can say,

“I am good, I am good, I am good.
I am the only me that will ever be, I am good.
I look good, I am good, I look good.
I am the only me that will ever be, I’m good.”
We Are The Ones

We are the ones that we’ve been waiting for.
We are the ones who will make a difference.
We are the ones who will change the world.
We are the ones, we are, we are.
We are the ones, we are, we are.

I’ve been feelin’ like I can’t make a difference,
been feelin’ like there ain’t no use.
Feelin’ tired and a little unconscious,
coming up with every kind of excuse.
‘Till I realized it’s not all up to me,
when we join together we shape our destiny,
to see a world where we are living as one,
it can be, it shall be, it will be done.

*Chorus*

No one else gonna’ make the changes,
no savior gonna’ drop from the sky.
Nothin’ left to do but wake up,
‘cause it’s really up to you and I.
To take it one step at a time,
stand together with your hand in mine.
Then we will see the world that we’ve been dreaming about,
We need it now, the time is now, there is no doubt.

*Chorus*

(I am the one, you are the one, we are the ones.)
“Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character.” Frank Outlaw
Title and song concept inspired by Mary Manin Morrissey.

Three Little Words

Words: Karen Drucker
Music: Karen Drucker & John Hoy

I know three little words that can mean so much,
you give me power every day.
Three little words that can heal my life and help me get out of my way.
Any time I hit a road block, this is what I say,

“Life is good, let it go, play full out, yes I can.
Tell me more, I am blessed, be here now, I love you.”

I know the words that I say will determine the way that my life is gonna’ be.
When I say what I feel then I make it so real to manifest my destiny.
I just think about what I’m sayin’, that’s the magic key.

*Chorus*

When I trust my heart to say what’s on my mind,
the truth will be revealed, it happens every time.
Words can heal my soul, words can help me through.
My words determine what I think and feel and do.

*Chorus*