



Songs  
of the Spirit III

Karen Drucker

*“First we sing, then we believe.”*

— Abraham Heschel

*Greetings, and thank you for listening to my music!*

*This is the third CD in my **Songs Of The Spirit** series. As with Songs Of The Spirit I and II, the purpose and intention of these CD's is the same. It's all about you singing along with me, dancing, empowering yourself, and lifting your voice with life affirming messages.*

*I want you to feel free to make these songs your own. I want to give you permission to change my words, add your own, do whatever you need to do to make the message real for you. As with any kind of affirmation, the more we hear ourselves speak or sing positive words, the more we will see the positive results manifesting in our lives. With all these songs or chants, I have repeated sections over and over so that when we sing the line we want to affirm, it can sink into our souls, bypass our often critical minds, and plant the seed for change in our hearts. These are all subjects and qualities that I want to affirm everyday, so I am hoping that you will find something that will resonate for you.*

*I am so blessed to be able to share this music with you. May these songs be a source of inspiration, empowerment, and healing. Thank you for singing along with me!*

*Blessed Be  
Karen*



## 1. I Start My Day

Words: Karen Drucker

Music: Karen Drucker & John Hoy

(each section sung twice)

I start my day with love, when I start my day with love  
that's what I get more of is love  
Love love love, love love love

I start my day with peace, when I start my day  
with peace  
I feel that sweet release of peace  
Peace peace peace, peace peace peace

I start my day with joy, when I start my day with joy  
everything I do is infused with joy  
Joy joy joy, joy joy joy

I start my day with love, I start my day with peace  
I start my day with joy and I feel that sweet release

## 3. Receiving Chant

Words: Karen Drucker

Music: Karen Drucker & John Hoy

I do believe, I will receive  
I just have to know and then declare it to be so  
With an open mind, and just a little bit of time  
If it serves my highest good, then it will be mine/it is mine

Anything I want, it is mine. Perfect health, it is mine  
Joy and peace, it is mine. Love love love, it is mine

If it serves my highest good, it is mine

## 2. Grateful

Words: Karen Drucker

Music: Karen Drucker & John Hoy

I am so grateful, grateful  
I am so grateful for all the love that I have  
I am so grateful, grateful  
I am so grateful for all the love that I have

Everywhere I look, every face I see  
is love reflected shining back to me  
I just give thanks for all these simple things  
the joy and peace that gratitude brings

\*Chorus\*

Everyday I wake before I open my eyes  
I count my blessings and I realize  
Life is a miracle when I see it that way  
I focus on the beauty, that's why I've got to say

\*Chorus\*

I am so grateful for:  
All of my friends, My wonderful life, My radiant health,  
My abundance, The joy in my heart,  
The peace in my life, Every blessing

## 4. Just Do It

Words: Karen Drucker

Music: Karen Drucker & John Hoy

Just do it, Don't talk about it, Don't put it off—Just do it  
Just say it, I'll speak my truth, I'll state my needs—Just say it  
Just claim it, Act as if, Know it's done—Just claim it  
Just breathe, Breathe in faith, Breathe out fear—Just breathe

Just do it, Just do it, Just do it, Just do it, Just do it, Just do it  
I'm gonna give myself a gentle push, I'm gonna start today!

Just do it, Don't talk about it, Don't put it off—Just do it  
Just trust, Trust myself, Trust my heart—Just trust  
Love, I'm gonna give love, I'm gonna show love—Just love  
Faith, I have faith, All is well—I have faith

\*Chorus\*

Rap:

Every time I criticize and focus on my flaws I don't realize  
that I am worthy and capable, and I deserve to have it all!  
So now's my time to rise and shine,  
go for the dreams that are in my mind  
Take one small step and not be afraid,  
with faith and love I've got it made!

Just do it, Don't talk about it, Don't put it off—Just do it  
Just do it, Whatever I want, I'll start today—Just do it!

\* Chorus\*

Just do it, It's done!

## 5. Gentle With Myself

Words & Music: Karen Drucker

Chorus words: Robyn Posin

(each section sung twice)

I will be gentle with myself,  
I will be gentle with myself  
and I will hold myself like a newborn baby child

I will be tender with my heart,  
I will be tender with my heart  
and I will hold my heart like a newborn baby child

And I will only go as fast  
as the slowest part of me feels safe to go

I will be easy on myself,  
I will be easy on myself  
and I love myself like a new born baby child

And I will only go as fast  
as the slowest part of me feels safe to go

I am gentle with myself,  
I am gentle with myself  
and I hold myself like a new born baby child

and I rock myself like a newborn baby child  
and I hold myself like a newborn baby child  
and I love myself like a newborn baby child

## 6. Your Prayer Is My Prayer Too

Words & Music: Karen Drucker

We are connected by the heart.  
Where do you end and where do I start?  
Anything you pray for, if fear is in your way  
I am here to listen to anything you need to say

Your prayer is my prayer too, Your prayer is my prayer too  
Whatever you feel I feel too, you're a part of me  
and I'm a part of you  
Your prayer is my prayer too, my prayer too

I hear the worries that are in your way  
there's nothing I can do to take your pain away  
But I'll help you reconnect with that voice that's deep inside  
Let angels wrap you in their love and let Spirit be your guide

\*Chorus\*

## 7. Relax, Let Go

Words: Karen Drucker

Music: Karen Drucker & John Hoy

I relax, let go, release and surrender  
I relax, let go, release and surrender  
I relax, let go, release and surrender  
All is well, all is well

And everyday, I affirm and pray,  
how I'm blessed with everything I have  
I release my fear 'cause it's all so clear,  
I am held, I am loved, I am safe

\*Chorus\*

And now I see what my life can be,  
when I trust in the process and have faith  
And now I know when I just let go,  
that I have all I'll ever need

\*Chorus\*

## 8. Beauty In You

Words: Karen Drucker

Music: Karen Drucker & John Hoy

I see the beauty in you, I see the power in you  
I see the greatness in you, and so it is  
I see the child in you, I see the sweetness in you  
I see the softness in you, and so it is

I can see it, it's right there before me  
I can feel it, deep in my soul  
I just know it, that you are an angel  
full of magic, power, pure sweet love

I see the goodness in you, I see the wisdom in you  
I see the strength in you, and so it is  
I see the joy that's in you, I see your light shining through  
I see the love that's in you, and so it is

\*Chorus\*

I see the grace that's in you, I see the courage in you  
I see the heart that's in you, and so it is  
I see the beauty in you, I see the power in you  
I see the greatness in you, and so it is

## 10. I Have Faith

Words: Karen Drucker & Rev Karyl Huntley

Music: Karen Drucker & John Hoy

(each section sung twice)

I have faith  
I pray faith  
I choose faith  
I am faith

I have hope  
I pray hope  
I choose hope  
I am hope

When I trust and I let  
go, I know all is well

I have love  
I pray love  
I choose love  
I am love

You are love  
We are love  
All God's children  
are love

When I trust and I let  
go, I know all is well

## 9. I Am Loved

Words & Music: Karen Drucker

(each section sung twice)

You are seen, You are heard  
You are loved for who you are  
You are enough, You are complete  
You are loved

I am seen, I am heard  
I am loved for who I am  
There is nothing I need to change  
I am loved, I am loved

I am seen, I am heard  
I am loved for who I am  
I am enough, I am complete  
I am loved, I am loved  
I am seen, I am heard, I am safe,  
I am enough, I am worthy, I am loved

## 11. This Or Something Better

Words: Karen Drucker

Music: Karen Drucker & John Hoy

This or something better is waiting for me  
I know that this or something better  
is the key that will set my heart free

I'm gonna let go of control, I'm gonna get out of my way  
I know the Universe conspires to bring me heaven today

\*Chorus\*

I'm tired of playing it small, of doing what I think I should  
The Universe stands up to meet me, to claim my highest  
form of good

\*Chorus\*

I know it—I claim it—I have it right now

\*Chorus\*

I'm gonna say yes to my dreams, let my imagination soar  
I know that I have gifts that I must use,  
that is what I was put here for

\*Chorus\*

I know it—I claim it—I have it right now  
This or something better, This or something better  
Whatcha wanna do, whatcha whatcha wanna see  
Whatcha wanna do, whatcha whatcha wanna be  
Whatcha wanna do, whatcha whatcha wanna see  
Watcha gonna do right now?

## 12. Song In My Soul

Words: Karen Drucker & Jo Ann Buckner-Rhyne

Music: Karen Drucker & John Hoy

(each section sung twice)

There is a song in my soul, it sings I am whole  
Everywhere I go, it sings I am whole  
I am whole, I am whole

There is a song in my soul, it sings I am healed  
I take a breath and know that I am healed  
I am healed, I am healed

There is a song in my heart, it sings I am loved  
It whispers in my ear that I am loved  
I am loved, I am loved

There is a song in my soul, it sings of my joy  
It bubbles up from deep within, pure sweet joy  
I am joy, I am joy

There is a song in my soul that sings I am love  
A beaming ray of Spirits light, I am love  
I am love, I am love

I am whole, I am healed, I am loved, I am joy,  
I am peace, I am well, all is well, I am well

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*Maye: Thank you for all that you do for me and all that you are to me.  
Annie: You are a master and I am so blessed that you help me sing my songs.  
Johnny: My foundation, my inspiration, and my all time favorite musician.  
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joy and love that you bring to my life.*

*Thank you for listening.*

*Blessed Be,  
Karen*