Oh Mother God

Words: Kelly Sue & Karen Drucker
Music: Karen Drucker

Oh Mother God flowing through our hearts.  
We give thanks for the bread of our lives.  
For the hands in the earth and the fruit of your womb.  
Oh Mother God, blessed be. Oh Mother God, blessed be.

Oh Mother God thank you for this day.  
For the love that you wash over me.  
And this joy in my heart I will share with the world.  
Oh Mother God, blessed be. Oh Mother God, blessed be.

This chant was written for a wonderful women’s retreat called “WomanSpirit” that I was the music director of for many years. The idea was to have a song that all the women could sing together before every meal, just stopping and giving thanks before we would eat. I have also seen women put yoga-type moves to it and use it as a daily practice to start their day.

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From Karen’s CD: "Songs Of The Spirit I".
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