Singing to Soothe Our Souls With Karen Drucker

Friday October 18, 2019

Community Congregational Church, Tiburon, CA 7:30-9:00 pm ~ \$20 at the Door



"Music has the ability to bypass the mind and sink into the heart."

Breathing, stillness, rest, calm, allowing yourself to just "be" and not "do" for a little while. Settling into your heart and dropping into that place of inner knowing. The musical "concert" that I am offering is an audience participatory event where we sing and chant, mediate and pray together. This is a musical experience where we create a sacred space by spending time chanting (singing repetitive and affirmative words over and over), being in silence, listening to short sacred inspirational readings, stating our prayers or intentions, and just allowing ourselves to "be". Four separate themes are usually used for each of the segments. We will sing, speak, and meditate on themes such as stillness, health, love, prayer, sacred service, faith, and gratitude. No musical experience necessary - shower singers welcomed! Come with an open heart and a willingness to receive.

For more information: www.karendrucker.com