

Songbook

Inspirational songs for vocals, piano, and guitar.
Melody, chords and lyrics to accompany the album.

Joy In Our Hearts

Greetings to you music lovers! Thank you so much for wanting to sing and/or play the songs on my new CD, "Joy In Our Hearts." I am honored and blessed that you are helping me get my music out into the world! I truly believe that positive music is a healing force and that spreading positive affirmations and messages is a noble act. So whether you are singing or playing for your own enjoyment, or performing these songs to an audience, you are helping to heal the world – one song at a time.

As I have said with all my other CDs and songbooks, I encourage you to make these songs or chants your own. I give you permission to change the words, alter the melody, change the key – whatever it takes for you to "own" it as your own. The chords and keys to all of this music is in the key that I sang it on the CD, but at the end of this book I have included my "Karen Drucker Handy Dandy Easy Music Method," which will help you transpose the key to a key that works for you, help you figure out the chords, and maybe a few other tidbits you didn't know.

As you will see I have written quite a lot of these songs and chants with other New Thought artists. I would encourage you to check out their websites and find more wonderful music from each of them!

Thank you again for supporting my music and I hope you enjoy these songs and chants!

Musically,

Karen

Today I Choose

Words & Music: Karen Drucker

I truly believe that how we start our day is what sets the tone for the day. I have a ritual every morning of picking a word and affirming that quality throughout the day. I wanted to write a chant where you could choose a quality of being that you can affirm and just watch that manifest. So if you are singing along with me - use the solo section to sing by yourself and choose your own words!

What do I want my day to be today? I choose.
What do I want to feel today? I choose.
What do I want to say today? I choose.
I choose, I choose I choose.

Today I choose to be grateful, so grateful.
Today I choose to be grateful, grateful. (repeat)

Today I choose to be so happy, so happy.
Today I choose to be happy, happy.

Today I choose to be peaceful, so peaceful.
Today I choose to be peaceful, peaceful.

Bridge: Whatever I choose is how my day's gonna be.
I claim what I want 'cause it's all up to me.

Today I choose to be loving, so loving.
Today I choose to be loving, loving.

Today I choose to be joyful, so joyful.
Today I choose to be joyful, joyful.

Bridge: Whatever I choose is how my day's gonna be.
I claim what I want 'cause it's all up to me. It's all up to me.

Today I choose to be thankful, so thankful.
Today I choose to be thankful, thankful.

Today I choose to be grateful, so grateful.
Today I choose to be grateful, grateful.
To be grateful, grateful. To be grateful, grateful!

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From Karen's CD: "Joy In Our Hearts"

Change The Way

Words & Music: Karen Drucker
& Claudia Carawan

I love everything about all those great 60's girl group songs. The catchy melodies and lyrics, the fabulous moves, and how you just can't get those songs out of your head! In one of my songwriting sessions with my newest songwriting partner, the amazing singer/songwriter Claudia Carawan, we were talking about this idea of taking a New Thought affirmation (this one being inspired by Wayne Dyer) and turning it into a 60's girl group song. With the help of my wonderful back up singers - The Druckettes (Annie Stocking and Allyson Paige) I think we did!

What do you want? Where do you want to go?
You'll get what you want if you act as if you know.
It starts with you, do you believe it?
It's all in the way that you choose to see it.

Chorus: When you change the way you look at things,
The things you look at change.
When you change the way you look at things,
The things you look at change.
3x: Do do do do do - change! Do do do do!

When you feel lost and you can't find your way,
Keep your eyes on the prize, it will materialize.
You can't miss, change your perception,
Leading you to a new direction.

Chorus

Bridge: Change change - you can do it!
Change change – it's a sho' thing.
Change change – expect a miracle.
Change.Watch me change!

Chorus

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Let It Be Easy

Words & Music: Karen Drucker
& Claudia Carawan

This concept is my daily motto, and it felt great to write this with Claudia and have a song to remind myself. I tend to have a habit of thinking I need to make things harder than they actually are - so this song is my new anthem to live life easily, and just have more fun!

I used to run around beat myself to the ground,
I thought this was the way to be.
I thought that true success was having so much stress,
'till I heard a voice calling to me.

Chorus: Let it be easy. Let it be easy.
I'm gonna make a choice to trust my voice.
Let it be easy.

Now that I see the light, I won't work all day and night.
I vow to take good care of me.
Don't need to run a race, I'm choosing ease and grace,
enjoying the ride effortlessly.

Chorus

Bridge: Easy, I get the job done.
Easy, when I'm having fun.
Easy, every day.
Easy, it's the only way, it's the only way.

Chorus: Let it be easy. I let it be easy.
I'm gonna make a choice to trust my voice.
Let it be easy.In This And Every Moment

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In This And Every Moment

Roger Teel
Words & Music: Karen Drucker

I was reading Rev. Roger Teel's new book; "This Life Is Joy" when this line just popped off the page to me. I need to say this affirmation, that in every single moment I can choose that all is well - especially when my mind is telling me otherwise! I am hoping that this song is a helpful affirmation to anyone going through a health challenge or anything where you just need to remind yourself that truly, all is well. (Rev. Roger is the senior minister at Mile Hi Church in Denver, Colorado)

Verse: In this and every moment
I am safe and all is well.
In this and every moment
I am safe and all is well. (repeat)

Bridge: I am held. I am whole.
I surrender to it all.
When I trust and let go,
then I know that all is well.

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A Woman Feels Her Power

Title: Donna Sillan
Words & Music : Karen Drucker

My good friend Donna Sillan works with women in Ethiopia (where she co-founded an organization called "Common River"), and all over the developing world empowering our sisters through nutrition, literacy and income generation programs. One day she simply made the statement about how she can feel these women change and step into their own power when they know that their voices are being heard. That was all I needed to start writing this round-type chant in my head and have my favorite singers, Annie Stocking, Allyson Paige and April Grismon, help me to bring it to life.

1st part: A woman feels her power when her voice is being heard. (repeat)
So Listen. Listen. Listen. Listen.

2nd part: The earth will be healed by the women of the world. (repeat)
So Listen. Listen. Listen. Listen.

3rd part: Women are the healers, women are wise. (repeat)

4th part: A woman's heart will heal the world, so listen. (repeat)

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I Am Open

Words & Music: Karen Drucker
& Claudia Carawan

In all my women's retreats and workshops, I always ask people to put their hands over their hearts and check in with how open they feel. This is my daily practice in the morning. Is my heart open or closed? Can I breathe and feel a change happening just by noticing? If I can breathe into those places that feel shut down I can slowly feel my heart open. From that place I can open to the possibility of what will be revealed.

Chorus: I am open to the possibility,
I am open to the possibility,
of a life that is meant to be lived by me. (repeat)

Verse: I don't have all the answers now,
but I'm willing to take it slow.
I believe that something is calling me,
Where the path will lead, I don't know. But I am.

Chorus

Verse: There's an open road as far as I can see,
and my heart will lead the way.
Step by step through the mystery,
I surrender everyday.

Chorus

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Sit With It

Words & Music: Karen Drucker
& Claudia Carawan

Ah - patience! A quality that I seem to be always working on! I notice when it comes to having a problem or something I am thinking about, I tend to want to hurry the process and just be done with it. This song, another one written with Claudia Carawan, reminds me that sometimes the best way to get to the solution is just be with it, let it take it's own sweet time and just sit with it!

If I got a problem, sit with it. Not sure where I'm goin', sit with it.
Trust and know the answer will flow, if I sit with it.

I don't run around in circles gettin' myself so stressed.
Things seem to work out better when I focus on how I'm blessed.

Makin' a decision, sit with it. Trying to chose the right way, sit with it.
Trust and know the answer will flow. If I sit with it.

I don't have to force the issue when I relax and quiet my mind.
It all comes together, in it's own sweet time.

I don't have to struggle, sit with it. It will be revealed, sit with it.
Trust and know the answer will flow, if I sit with it.

Bridge: I'm gonna lounge on a Lazy-boy reclining chair,
on a rocker or a sofa 'cause I don't have a care.
On a barstool or a hammock or just sit anywhere, I'm gonna sit!

I don't have to struggle, sit with it. It will be revealed, sit with it.
Trust and know the answer will flow if I sit with it.
Trust and know the answer will flow if I sit with it.

Let Love Lead The Way

Words and Music: Karen Drucker
& Claudia Carawan

Claudia Carawan and I would set appointments to Skype a few times a month and in the course of a year wound up writing about 15 songs. This song she brought to the table and we had so much fun writing it. It really is a mantra that I use in my daily life, of reminding myself that in every situation, when I come from a place of love, things seem to work out.

When my world is not okay, when there's roadblocks in my way.
When I feel so all alone, these words will bring me home.

Chorus: Let love lead the way.
Let love lead the way. Whoah
Let love lead the way. Let love lead the way.

When we can't see eye to eye, no matter how we try.
We can find our harmony, if you sing along with me.

Chorus

Bridge: In everything, love will be the gift I bring.
To give and to receive, straight from the heart.

Chorus

Each morning when I wake, there's a choice that I can make.
In everything I do and say, I'll let love lead the way...

Chorus

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Always In All Ways

Words & Music: Karen Drucker
& Faith Rivera

I hesitate to write about the motivation of this chant because a friend gave me a totally different interpretation of what she thought it was about. I love when a song or chant can take on whatever meaning the listener gives to it. All I will say is that it was written in a car with Faith Rivera, while we were being driven across the state of Florida to the airport by a wonderful woman who inspired the idea. It just goes to show that writing music can happen anywhere or anytime - you just have to be willing to capture it in the moment!

Verse: I can feel you in the morning sun.
I can see you in the sky above.
I can hear you in the gentle breeze.
You are always in all ways with me. (repeat)

Bridge: Never a moment that you're to far from my heart,
you're always, you're always, in all ways with me.

Verse: I can feel you in the morning sun.
I can see you in the sky above.
I can hear you in the gentle breeze.
You are always in all ways with me.

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Joy In Our Hearts

Words & Music: Karen Drucker
& JD Martin

One of my favorite songwriters is JD Martin and I was lucky enough to be matched up with him at a songwriting retreat to write this song. Although it was written for a holiday collection, we thought that it had enough universal appeal that it could apply to everyday life. Living is truly all about joy and love and peace and I try to practice these qualities in my life every day, and when I forget I can just sing this song!

Chorus: Peace for all seasons. Love every moment.
Light shines where ever we are.
Faith in the darkness. Hope in the silence.
Joy - joy - joy in our hearts.

Everyday is a choice to show some kindness.
We all are part of one family.
So connected our hearts and spirit.
I reach out for you, you reach out for me.

Chorus

Now is the time to come together,
to count our blessings, we are grateful.
We lift our voices in one chorus.
My brothers, my sisters, lets celebrate!

Chorus

Bridge: Lets celebrate peace. Let's celebrate love.
Let's celebrate light. Shine, shine, shine!
Let's celebrate faith. Celebrate hope.
Celebrate joy, joy, joy, joy in our hearts.

Chorus

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Here I Stand

Words & Music: Karen Drucker
& Sloan Wainwright

This song was written with another one of my favorite singer/songwriters, Sloan Wainwright. We got together and talked about what was going on in our lives and realized that we were both finally feeling that we had let go of the old stories of not-enough, and giving our power away. This song is a celebration for anyone who is willing to stand up and claim their power.

I was a little girl who never spoke her mind.
I wouldn't rock the boat I couldn't cross the line,
But every step that I've taken every pain every tear,
Has led me to the woman whose standing right here.

I got so tired of giving myself away,
Always looking for someone to tell me I was okay.
I got to a place where I could trust my heart,
It was the perfect place for a brand new start.

Chorus: Here I stand in my power.
Here I stand in my power.
Here I stand in my power.
Here I stand. (Here I stand) Here I stand.

I am a warrior. I am invincible.
I am as strong as steel and I am capable,
And I am soft as a feather light and free,
And the truth that I know healing begins with me.

Chorus

Bridge: Here I stand. Here I stand. Here I stand.
With all the I've been through, there ain't nothin' I can't do.

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Winds of Change

Words & Music: Karen Drucker
& Kate Munger

I have written a few songs for the Threshold Choir (an international organization that takes singers into hospitals, hospice, etc. to sing to people as they make their transitions) with its founder Kate Munger. Every time I get together with Kate we chat for a while and then wind up at her kitchen table saying, "Let's write something!" and about 10 minutes later a chant is born. This is my third collaboration with Kate and this song/chant was written about the changes we were both going through and seeing the power in those choices.

Take me with you, I'm ready to go.
Let the winds of change shape and blow.
I am willing to see, another part of me. (repeat)

Take me with you, I'm ready to go.
Let the winds of change shape and blow.
I am willing to start a brand new chapter of my heart.

Take me with you, I'm ready to go.
Let the winds of change shape and blow.
I am willing to make a choice this new path needs my voice.

Take me with you, I'm ready to go.
Let the winds of change shape and blow.
Cause I am willing to let go, I surrender and I know.
Cause I am willing to let go, I surrender and I know.

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