

Karen Drucker

My Heart is With You



KAREN DRUCKER

Lyrics & Credits

Karen Drucker

My Heart Is With You

1. I Don't Walk Alone

Words: Karen Drucker & Sue Faria, Music: Karen Drucker & John Hoy

Guitar, bass, synths: John Hoy

Drums: David Rokeach

Background vocals: Omega Rae Brooks & Sandy Griffith

2. Breathing In, Breathing Out

Words & music: Karen Drucker & Gary Lynn Floyd

Keyboard: Gary Lynn Floyd

Guitar, bass, synths: John Hoy

Background vocals: Gary Lynn Floyd

3. Stop & Drop & Pray

Words & music: Karen Drucker

Guitar, bass, synths: John Hoy

Background vocals: Sandy Griffith

4. Every Step Is Holy

Words & music: Karen Drucker & Gary Lynn Floyd

Keyboard: Gary Malkin

Bass, synths: John Hoy

Background vocals: Gary Lynn Floyd & Sandy Griffith

5. I Am Blessed

Words & music: Karen Drucker Verse musically inspired by a Mary Oliver poem

Guitar: John Hoy

Background vocals: Deborah Winters, Carolyn Gauthier

Omega Rae Brooks, Sandy Griffith

6. Now I Am Healed

Words & music: Karen Drucker & Gary Lynn Floyd

Keyboard: Gary Lynn Floyd

Guitar, bass, drum programming, synths: John Hoy

Background vocals: Gary Lynn Floyd, Sandy Griffith

7. You Matter

Words & music: Karen Drucker & Stowegood

Keyboard: John R Burr

Guitar, bass, drum programming, synths: John Hoy

Background vocals: Sandy Griffith

8. My Heart Is With You

Words & music: Karen Drucker & JD Martin

Keyboard, synths: John Hoy

Background vocals: Sandy Griffith

9. Be Not Afraid

Words & music: Karen Drucker & Gary Lynn Floyd

Guitar, bass: John Hoy

Background vocals: Gary Lynn Floyd, Sandy Griffith

10. Listen

Words & music: Karen Drucker & Jan Garrett

Guitar, bass, synths: John Hoy

Background vocals: Sandy Griffith

11. To Be Here

Words & music: Karen Drucker & Gary Lynn Floyd

Keyboard: Gary Lynn Floyd

Guitar, bass, synths: John Hoy

Drums: David Rokeach

Background vocals: Gary Lynn Floyd, Omega Rae Brooks, Sandy Griffith

12. All Shall Be Well

Words & music: Karen Drucker, Jan Garrett, Megon McDonough

Keyboard: John R Burr

Guitar, bass, synths: John Hoy

Background vocals: Deborah Winters, Carolyn Gauthier

Produced by: Karen Drucker

Co-produced & engineered by: John Hoy

Recorded at Cat Heaven Studios San Rafael, CA

Graphic Design: Jeff Dannels

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All Lyrics, credits, and notes for this CD plus other information at:

www.karendrucker.com

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Publishing Information:

All songs for this album © TayToones Music BMI along with:

Gary Lynn Floyd: Funny Things Happen Music ASCAP Tracks # 2, 4, 6, 9, 11

JD Martin: JD Gil "n" Goldie Music ASCAP Track # 5

Karen Taylor Good, Stowe Daily (aka Stowegood):

Song Guru Music SEASAC, Stowezone Music ASCAP Track # 7

Jan Garrett: Foolchild Music ASCAP Track # 10, #12

Megon McDonough: Eagle Woman Music ASCAP Track #12

Greetings to you and thanks for your interest and support of my music. I am thrilled to be putting out this collection of chants and songs for you, whether you are hearing this on a CD, Spotify, Pandora or however you listen to music these days!

In these last few years of going through the pandemic and the wacky times we seem to be living in, I wanted to write music that would comfort my heart. I just wanted someone to tell me it was all going to be okay. Hopefully you will feel that comfort in these songs and chants. With the amazing talent of John Hoy, who played most of the instruments and did the production, and Gary Lynn Floyd, my co-writer on many of these tunes, we had the intention to create music that could help people feel less alone or afraid and provide inspiration to anyone who needed it.

My intention has always been to create music with positive life-affirming messages. I have seen that when we repeat these affirmational words over and over, we can feel a shift in our bodies and attitude. When we sing, we allow ourselves to open and connect with our hearts. What could be better than that?

I invite you to sing along, dance, pray, meditate, change words, make up movements, sing harmonies – do whatever you need to feel empowered to make these songs your own.

I'm so grateful for the opportunity to share these songs with you. May you feel the love and heart that all of us put into making this music. My hope is that you are as blessed in hearing it as we were in creating it.

From my heart to your heart,

Karen

I Don't Walk Alone

Words: Karen Drucker & Sue Faria

Music: Karen Drucker & John Hoy

Intro: Never alone. Never alone. I am never ever alone.

Chorus: I don't walk alone, Spirit is with me always.
Grace fills me now. I don't walk alone. (repeat)

1. I felt so lost couldn't find my way,
searching for an answer how to make it through the day.
I called out for help and felt something shift inside,
a presence, a power that cannot be denied.

Chorus

2. No matter what I call it, no matter what I believe,
I know that when I'm hurting if I ask I will receive.
The love that I am needing, the peace within my soul,
I can surrender and let go.

Chorus

Never alone. Never alone. I am never ever alone. (repeat)
Never alone - Spirit is with me (repeat)
Never ever alone (repeat)

Breathing In, Breathing Out

Words & Music: Karen Drucker & Gary Lynn Floyd

“How I pray is breathe.” Thomas Merton

Chorus: Breathing in, breathing out. Breathing in, breathing out.
Breathing in, breathing out. Breathing in, breathing out. (repeat)

1. I am free. I am free. I am free. I am free. (repeat)

Chorus

2. I am free, open wide. I am free, feel my soul.
I am free, free my mind. I am free, then I know.
I am free, what is real. I am free, what is true.
I am free, breathing me. I am free, breathing you.

Chorus: Breathing in, (Breathing in), breathing out (breathing out)
Breathing in, (Breathing in), breathing out (breathing out). (repeat)

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From Karen's album "My Heart Is With You"

Stop and Drop and Pray

Words & Music: Karen Drucker

*“Think kind thoughts and be gentle with what you say,
If you are lost for words, take a minute to just stop and pray.”
Charmaine J. Forde*

Stop and drop and pray. Stop and drop and pray.

Stop and drop and pray. Stop and drop and pray. (repeat)

ending: Just pray. Pray, pray (repeat)

Every Step Is Holy

Words & Music: Karen Drucker & Gary Lynn Floyd

“The world is holy. We are holy. All life is holy. Daily prayers are delivered on the lips of breaking waves, the whisperings of grasses, the shimmering of leaves.”
Terry Tempest Williams

Every step is holy. Every breath is life.
Every moment precious, when held up to the light.
Every heart connected, each the face of God.
Grace has shown me, every step is holy. (repeat)

Bridge: Holy, Holy. Everyone, every breath, every step is holy...

Every step is holy. Every breath is life.
Every moment precious when held up to the light.
Every heart connected, each the face of God.
Grace has shown me, every step is holy.

Bridge: Holy, Holy. Holy, Holy. Holy, Holy.
Everyone, every breath, every step is holy...

Every step is holy (every step is holy) (repeat)

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From Karen's album "My Heart Is With You"

I Am Blessed

Words & Music: Karen Drucker

Verse musically inspired by the Mary Oliver poem: "It Was Early"

Verse: Sometimes I need only to stand wherever I am to be blessed,
Sometimes I need only to stand wherever I am to be blessed. (repeat)

Chorus: I am blessed. I am blessed. I am blessed, so blessed.
I am blessed. I am blessed. I am blessed, so blessed. (repeat)

Verse: Sometimes I need only to stand wherever I am to be blessed,
Sometimes I need only to stand wherever I am to be blessed. (repeat)

Chorus: I am blessed. (I am blessed) I am blessed. (I am blessed)
I am blessed, so blessed. (repeat)

Sometimes I need only to stand wherever I am to be blessed.

Now I Am Healed

Words & Music: Karen Drucker & Gary Lynn Floyd

Chorus: I turn it over. I let it be.
I've got to trust that there's more than I can see.
I turn it over and I believe
I am healed. I am healed. I am healed. I am healed. (repeat)

Bridge:
Healed! I know right now I am,
Healed! Deep in my soul I am,
Healed! I declare it now!
I am healed. I am healed.
I am healed. I am healed.

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You Matter

Words & Music: Karen Drucker & Stowegood

1. Do you know how much you matter? Do you know that you are loved?
Do you know you've made a difference in the lives you've touched?
All the times you felt unworthy in the darkness of your soul,
And all the lies you told yourself, just let 'em go.

Chorus: And you - you matter. And you - you matter.

2. Light and love within you, shining from your soul,
Inspires everyone you meet in ways you'll never know.
I can't imagine all you've been through,
'Cause I've not walked in your shoes.
But you will always have my heart, and I see you.

Chorus: And you - you matter. And you - you matter.

Bridge: Feel it all release. It's there you'll find your peace.
You'll find your peace.

3. Do you know how much you matter? Do you know that you are loved?
Do you know you've made a difference in the lives you've touched?

Chorus: And you - you matter. And you - you matter. (repeat)

My Heart Is With You

Words & Music: Karen Drucker & JD Martin

“Love is the most important healing power there is.” Louise Hay

There are no words that I can say, to take your pain away.
But I want you to know, you are never alone.

Chorus: My heart is with you.
 My heart is with you,
 with everything you’re going through,
 My heart is with you.

When it’s all too much to bear, day or night I will be there.
I can’t tell you what to do, but I will walk with you.

Chorus

Be Not Afraid

Words & Music: Karen Drucker & Gary Lynn Floyd

1. Be not afraid for I am with you always.
Be not afraid for I am always with you.
Be not afraid forever and always.
I am with you be not afraid. (repeat)

Chorus: Be - be not afraid. Be - be not afraid. Be not afraid.

2. I'm not afraid for you are with me always.
I'm not afraid for you are always with me.
I'm not afraid forever and always.
You are with me I'm not afraid. (repeat)

Chorus: I - I'm not afraid. I - I'm not afraid. I'm not afraid.

3. Be not afraid for I am with you always.
Be not afraid for I am always with you.
Be not afraid forever and always.
I am with you be not afraid. (repeat)
I am with you, I am with you, I am with you... be not afraid

Listen

Words & Music: Karen Drucker & Jan Garrett

“Silence is a place of great power and healing.”
Rachel Naomi Remen

No push. No pull. I am empty and full.

I breathe and receive and listen. (repeat)

I trust. Let go. Surrender and know.

My heart is open to listen. (repeat)

No push. No pull. I am empty and full.

I breathe and receive and listen. (repeat)

To Be Here

Words & Music: Karen Drucker & Gary Lynn Floyd

1. I trust that I got this. I know that I know.
I've got all that I need so, it's time to let it go.
I'm through with complaining, living life small.
Every emotion, I want to feel them all.
I've spent too much time censoring who I am.

Chorus: I am open. I am willing. I am feeling free and clear.
Finally I'm seeing I am worthy...to be here.
I am here. I am here...to be here.

2. I am present. I've let it all be. I have uncovered the truth about me.
The veil has been lifted, that always kept me apart.
No longer hiding. I'm ready to start.
I step into my power and trust my heart.

Chorus

Bridge: No place I would rather be.
It's time I let the whole world see,
This brilliant light that shines through me is who I am.
Who I really am.

Chorus: I am ready. I am moving. I've let go of all my fear.
Finally I know I am enough.
I am open. I am willing. I am feeling free and clear.
Finally I'm seeing I am worthy...to be here.
I am here. I am here...to be here.

All Shall Be Well

Words & Music: Karen Drucker, Jan Garrett, Megon McDonough

“All shall be well, and all shall be well, and all manner of thing shall be well.”
Julian of Norwich

Chorus: All shall be well, all shall be well, all manner of things shall be well.
All shall be well, all shall be well, all manner of things shall be well.

1. I am walking through the green pastures, and I know that I'm not alone.
The song of the meadowlark sings to my soul, tenderly calling me home.

Chorus

2. I am walking beside the still waters, as fresh as the breeze at dawn.
The voice of my ancestors whispering, giving me strength to carry on.

Chorus: All shall be well, all shall be well, all manner of things shall be well.
All shall be well, all shall be well, all manner of things shall be well.